

*Dragonfly  
Psychology  
&  
Active Shiatsu  
Healing the Body and  
Mind*

*Eva Crudo Shiatsu RST*



*“Our bodies are the texts  
that carry the memories  
and therefore remembering  
is no less than  
reincarnation”*

*-Katie Cannon*

*Denise E. Hall Psy.D.*



*Healing from Trauma: Mind-Body  
Therapy*

*We offer you affordable, safe, compassionate and  
results-oriented therapy. This evidence-based  
treatment combines therapy and body-work to  
enhance healing for:*

- Trauma and PTSD*
- Chronic pain*
- Stress and anxiety*
- Fatigue & insomnia*

## *Therapist- Dr. Denise E. Hall (Psy.D. CCC)*

*Dr. Denise is a Canadian Certified Counsellor, with a Psy.D. in Clinical Psychology, Dr. Denise is an integrative therapist incorporating EMDR, Cognitive/behavioral therapy, Solution-Focused, and Mindfulness-based approaches. Contact Dr. Denise at 604-562-9130 or [denisehallpsychology@gmail.com](mailto:denisehallpsychology@gmail.com)*

*Website: [www.dragonflypsychologyservices.com](http://www.dragonflypsychologyservices.com)*

## *Shiatsu Practitioner-Eva Crudo (RST)*

*Shiatsu therapy includes applying pressure to sections of the body surface correcting imbalances and promoting and maintaining health. Shiatsu contributes to the healing of specific illnesses Contact Eva at 604-951-7533 or [eva@activeshiatsu.com](mailto:eva@activeshiatsu.com) Website:[www.activeshiatsu.com](http://www.activeshiatsu.com)*

## *Packages*

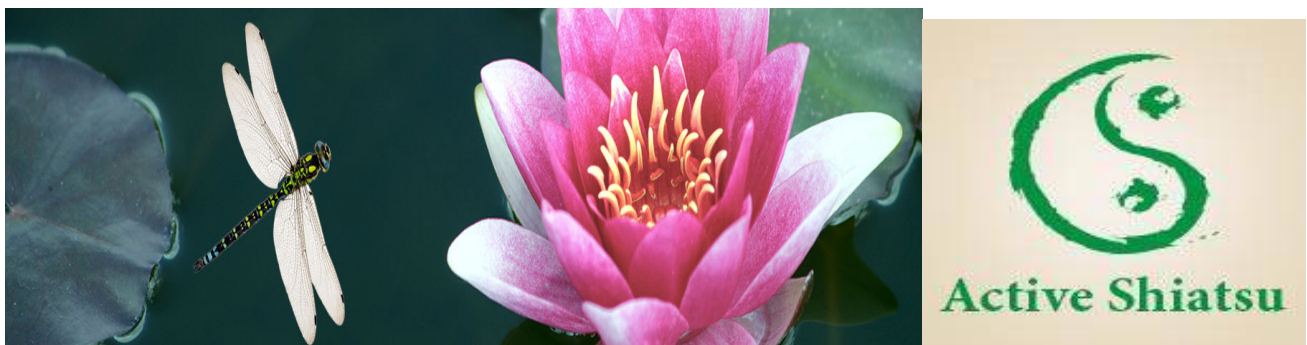
*Therapy 2x 1.5 hours = 3 hours and Shiatsu 2x 1 Hr. total= 5 hrs \$530.00*

*Stress Management 2 hours & Shiatsu 2 hrs. total 4 hours Cost: \$400.00*

*Contact Dr. Denise Mobile: 604-562-9140 or Eva Crudo 604-951-7533*

*Office address: #215 and #217 1118 Homer St. Vancouver BC V6B 6L5*

*Offer expires: April 30, 2016*



*“In the middle of every difficulty lies opportunity”- Albert Einstein*